



Dudes & Dolls Square Dance Club Newsletter

July 17, 2021

Annual Campout

The annual campout will be held on July 30th through Aug. 1st at the Howard Miller State Park in Rockport.



<https://thedirt.com/camping/washington/howard-miller-steelhead-county-park>

All potluck meals will be served to minimize cross contamination. Masks will not be required.

Note this change: Bring your own plates, silverware, and drinks for every meal.



<https://pnwadventuresisters.wordpress.com/2018/07/27/howard-miller-steelhead-park/>

If you can't come for the entire weekend, consider a day trip and come join us on Saturday.

For all the details, check out Jeff Held's email sent 07/13/21 named (Dudes And Dolls) 2021 DnDolls Campout Final Information.



https://www.tripadvisor.co.nz/ShowUserReviews-g58716-d3914013-r374839551-Howard_Miller_Steelhead_Park_Rockport_Washington.html

All available RV sites for the campout have been reserved. If you still wish to bring an RV to the campout, please call the park directly (360-853-8808) to make your reservation. If you go to the park website, you can view the map layout of the park. The Dudes & Dolls reserved the RV circle (lots 20 thru 29).

<https://skagitcounty.net/Departments/ParksAndRecreation/parks/howardmiller.htm>

If you wish to pitch a tent, you can do that somewhere within our RV circle and pay only \$10 per night. No need to call the park if you want to do that. When you check in, just tell them you are with the Dudes & Dolls' group and that you are pitching a tent.

If you prefer a hotel room, make reservations at the Mt. Baker Hotel in Concrete (206-420-9954).

<https://www.mtbakerhotel.com>

If you need more campout information, feel free to contact Jeff Held @ 206-794-3010. If you have items to donate for the Silent Auction, contact Joyce Sworen @ 360-631-8919.

Edmonds Parade

The Edmonds parade was on July 4th. Robert Reichle was the caller and the route was 1 mile long. It was a beautiful sunny day, very warm. Our square was attended by different clubs; we could have used more people. The crowd loved when we stopped and danced for them. There was club and lesson info passed out. By Vicki Lieske



Pictures by JoAnn Becker

Some Favorite Recipes

This is a good, easy bean burger recipe for our vegetarian friends. – By Jeffrey Jones

Bean Burgers:

- 1 can unsalted black beans, drained
- 2/3 cup bread crumbs
- 3/4 tsp cumin
- 1/2 tsp garlic powder
- 1/4 tsp salt
- 1/4 tsp pepper
- 1 large egg and 1 egg white, lightly beaten
- 2 T. oil

Mash beans. Stir in the rest.

Divide into 4 patties. Cook in hot oil, 4 minutes on each side.

Porcupine Meatballs:

Meatball mixture:

- 1 pound of hamburger meat
- 1 beaten egg
- 1/4 cup of Cream of Mushroom soup
- 1/4 cup of long-grain uncooked rice
- Parsley (optional)
- 2 T of finely chopped onion or onion flakes (optional)

Sauce:

- The remaining Cream of Mushroom soup
- 1/2 cup of water
- 4oz can of mushrooms (drained) or fresh mushrooms if you have them
- 1 teaspoon of Worcestershire sauce

1. In a medium bowl, beat the egg. Then add 1/4 cup of the Cream of Mushroom soup, 1/4 cup of uncooked rice, and the optional ingredients if you want them.
2. Add hamburger, and mix well.
3. Use an ice cream scoop, or 1/4 measuring cup to measure the meatballs into a large frying pan.
4. Mix the remaining soup, mushrooms, water, and Worcestershire sauce together, and then pour the sauce over the meatballs.
5. Bring to a boil. Reduce heat and cover.
6. Simmer for 30 minutes, stirring often. Spoon off any fat that rises. –By Lorinda Snoozy

Workshops



On April 26th, the *Back to Square Dance Workshops* began. Everyone wore masks, and there was a plexi-glass divider between Scott and the dancers. Every two seats, the chairs were turned backwards. Temperatures were taken upon entry. There were a limited number of people allowed to attend the workshops. The water fountain was turned off, and water bottles were taken outside. Hand sanitizer was encouraged between tips.



Starting at our July 6th workshop, the restrictions were lifted and things are getting back to normal. There is no limit to the number of dancers able to attend workshops. The plexi-glass divider was removed. Face masks are no longer required. Some people wear masks, and some people do not.

Scott was originally going to have workshops only through June 1st. Luckily for us, he has graciously agreed to extend them through the end of August!

The Dudes & Dolls Square Dance Club invites you to some dancing and



Back to Square Dance Workshops



with Scott Coon

(and guest callers from time-to-time)



July through August, Tuesdays, 7 – 8:30 PM

Suggested Donation \$5 (exact change please)

Time to shake off those cobwebs and get back to dancing if you haven't already!

Scott will be reviewing moves and then use them in singing calls. If there is enough interest, we may even convince him to call a Plus tip!

All dancers and students welcome! Share with your friends! We need to have an average of three squares in order to continue these workshops. Please check our website (www.dudesanddolls.org) before attending each week.

Covid Restrictions: No limit to number of dancers at this time. Masks are no longer required. However, masks are encouraged for non-vaccinated dancers.

Cedar Valley Grange 20526 52nd Ave West, Lynnwood, WA 98037.

Contact: Robert 425-337-2906 or Tom 425-422-2535.

Annual Picnic

Our annual Picnic will be held on Saturday, **September 11th** at the Cedar Valley Grange.



More details coming, but **MARK THE DATE** on your calendar now!



Mystery Member

Q. What got you interested in learning to square dance?

A. My neighbor was active in the Sky Valley Whirlwinds. She invited me to go with her to a *No Experience* Dance that was being offered at the Dudes & Dolls Club. That was all it took, and I was hooked! I started lessons the following week (2018-2019).

Q. What do you enjoy most about square dancing?

A. It's the people who really make it a treat to be at the dances. The people are so friendly, and I find it interesting to listen to their different stories. I like the challenge of thinking about, and executing the calls.

I have always loved to dance, even as a kid. I remember dancing on top of my father's shoes and learning the Waltz. Later, as an adult, I took a Swing dance class.

Q. What are your favorite hobbies besides square dancing?

A. I *love* gardening. I grow flowers, herbs, and some vegetables. I grow plants from seeds, because I feel like it is cheating to use starter plants. I enjoy seeing things grow.

My other favorite hobby is reading. I enjoy reading biographies and historical fiction. Right now I'm reading the classics. I always read before I go to sleep at night.

Q. What volunteer positions have you had, and what support have you given to the club since you have become a member?

A. I was the co-coordinator of Student Lessons with Mona Fairbanks in 2019-2020. This also included Recruitment/ External publicity and follow-up emails after the lessons.

I've been a Greeter for two D&D dances.

I attended the Mystery caravan in 2019. We went to Mt. St. Helens and then traveled to Vancouver, WA to dance with the Buzzin' Bees Square Dance Club.

I've been an Angel at lessons.

I, along with others, have been Kitchen Hosts at dances. There were always many people helping out, so it made for quick work.

I've helped set up for dances.

Q. What is a fun fact that someone might not know about you?

A. I used to be a scuba diver. I took underwater pictures that I sold.

Q. Do you have any pets?

A. Yes, during the pandemic we rescued a poodle/wheaten terrier mix from Texas. She is a very smart, four year old dog, and her name is Leia. When she first arrived, she had trouble staying warm because she was acclimated to the Texas heat. We had to use a heating pad under her blanket to keep her warm.



Do you think you know who the Mystery Member is?
The answer is on the last page.

Newsletter

Do you have ideas or articles that you would like to see included in future newsletters?

Would you like to assist with our newsletter?

If so, contact:

Lorinda Snoozy @ lorindas@comcast.net or 425-644-5931

Website

Would you like to assist with our website?

If so, contact:

JoAnn Becker @ 425-344-3498

Robert Reichle @ 425-337-2906

Looking for Volunteers

Would you like to be more active in our club?
You don't have to be the committee chair all by yourself.
Grab a friend and co-chair together! We need your help.

2021-2022 Committee Chairs:

Audit - Robert Reichle, Vicki Lieske, JoAnn Becker,
and Joyce Sworen
Camp Out - Jeff Held
Caravan Outfits - Vira Laurence
Caravan Schedule - Joyce Sworen
Council Delegate - Gene Funk
Decorations - Steve Sworen
Directory - Joyce and Steve Sworen
Footnotes Reporter - Vicki Lieske and Robert Reichle
Lessons Sept. 2021 - **Open**
Members @ Large - JoAnn Becker, Tom Berg,
and David Fairbanks
Newsletter – Lorinda Snoozy
Nominating Committee - **Open**
Parliamentarian - Larry Heesacker
Picnic (2021) - Penny and Harland Curtis
Publicity, External - **Open**
Publicity, Internal - **Open**
Purchasing - Steve Probstfield
Scrapbook - **Open**
Sunshine - Pauline Heesacker
Telephone - Larry Heesacker
Website - JoAnn Becker and Robert Reichle

For more information or to volunteer, contact one
of our officers listed below:

Steve Sworen (President) @ 425-308-3950

Vicki Lieske (Vice President) @ 360-488-6167

Lorinda Snoozy (Secretary) @ 425-644-5931

Robert Reichle (Treasurer) @ 425-337-2906

The Mystery Member is:

The Mystery Member from page 4 is:



Peggy McCright

A Favorite Recipe

If you have a favorite recipe that you'd like to have
included in an upcoming newsletter, please email it to:

Lorinda Snoozy @ lorindas@comcast.net

Thanks for your help!

A sincere thank you goes out to the people that helped
make this newsletter possible:

- ❖ Jeff Held
- ❖ Jeffrey Jones
- ❖ JoAnn Becker
- ❖ Joyce Sworen
- ❖ Kay Corbett
- ❖ Peggy McCright
- ❖ Robert Reichle
- ❖ Steve Sworen
- ❖ Vicki Lieske